Waterbury HEALTH

WHY PRIMARY CARE MATTERS

5 IMPORTANCES OF A PRIMARY CARE PHYSICIAN*

1. QUALITY

More accurate diagnoses from a physician who sees you regularly.

2. COST

Visiting your physician on a regular basis is less expensive and results in fewer medical and emergency room visits.

3. COMMITMENT

Regular checkups and contact make it more likely that any health issues will be detected early.

4. RELATIONSHIP

A physician that knows your medical history makes your visits less stressful and more productive.

5. ACCESS TO CARE

If you need to see a specialist, your physician will be able to refer you to the right person.

*www.christieclinic.com/patient-information/why-everyone-needs-a-primary-care-physician/

PRIMARY CARE ADVANTAGES



Access to healthcare helps keep people out of emergency rooms where care costs AT LEAST 4X MORE than outpatient care.

www.lung.org/stop-smoking/join-freedom-from-smoking/



People who have a

PRIMARY CARE PROVIDER SAVE, ON AVERAGE, 33%

MORE on healthcare costs compared to their peers who only see specialists.



Adults with a primary care provider have a 19% LOWER RISK OF PREMATURE DEATH than those who only see specialists.

*www.primarycareprogress.org/primary-care-case/